

## VALUES & BEHAVIORS ACTIVITY

### 1 CORINTHIANS 13:4-7 & GALATIANS 5:22-23

Value & Passage	Definition of Value	Behaviors that demonstrate living out the value	Examples of behaviors (actions)
Love			Helping others with a task Spending time with someone Listening to someone's problems
Patience			Waiting w/o becoming angry Not interrupting people
Joy			Smile more Be happy for those who accomplish something you didn't
Peace			Calm attitude during stressful time Praying for self and others to have peace
Kindness			Doing the dishes or laundry without being asked Saying hello, making eye contact Hug or high-five
Self-control			Not eating a whole pan of brownies Holding your tongue Prayer/ quiet time
Faithfulness			Prayer Forgiveness (loyalty) Following through with promises or commitment