

Defining and Living Your Values Worksheet

Name _____

Instructions: After reading pages 13-19 of, *Leading Jesus' Way*, complete the following.

1. What is dictionary definition of values?
2. What are at least two ways we determine our own or other people's values?
3. Why is what you think important in relationship to values and behaviors?
4. What are at least 3 things you want to be known for? (see page 14 for examples)
5. Why is just knowing your values not enough?
6. If you live based on your values what two things must you do:
 - a. Determine what?
 - b. Define what?
7. What are the 3 steps to defining key values?
8. Choose 3-5 words or pairs of words that you want to be your values. Put them in the left column. Complete the chart for each value you set.

Value word or pair of words	1-2 sentence definition	Behaviors that support (show) living out the value